

November 2008

Editor at the Bar...

So there's a winery called Coopers Creek. They produce a wine called Cat's Pee on a Gooseberry Bush. *Charming*. Well if they can do it so can we!

Here's the Thing...The creation of a new wine is underway called "Two Kids Under Two". It is only



available in large quantities. No half bottles or even 750 ml sizes. 4 litre boxes ONLY. The grape varieties available for this boutique wine will be white and, well, red. The creators of this product will also have sleepwear available. Why? Anyone with two kids under two will know that it is nearly impossible to get out of one's PJ's on any given day. This is not a sexy, Hugh Hefner, drink wine all day in my PJ's kind of situation. This is a no time to get showered or dressed in the day sort of situation. The sleepwear will be machine washable. Presently there is a hold up on the patent for the stain free formula since it is having trouble sticking to the feather boas. The stain free will simply help the life of the sleepwear last longer from all the baby pee, barf and thrown food that will get on it. Naturally the wine labels and the sleepwear will be available in pink.

On the tail end of October and Breast Cancer Awareness Month please remember that every Princess should look out for her breasts...have a yearly mammogram or check regularly for any changes in your breasts. Preventative medicine is the best medicine of all!



Start thinking about your

Holiday Season

gift list!!!



November 11^{th} is Remembrance Day. The 11^{th} month, 11^{th} day, 11^{th} hour . This is the armistice of the First World War.

Please take the time to remember those brave and courageous people that helped to shape the world we live in.

Remember those that have fallen and those that continue to fight.
Our **Princess** hearts and thoughts are with them all and their families.

We are coming to a very busy and stressful part of the year. The **Holiday Season** is fast approaching and we would be remiss if we did not extend some comforting words to help you all through it...

- 1. **Stay calm**...even if you are late to get that special person the perfect gift don't fret. There's always Boxing Day.
- 2. **Start early** in planning for your festive parties. If you must double book on certain nights do so with caution. It's rude to accept an invitation to a party and not show up. You wouldn't like it if your guests did that to you!
- 3. **Get creative** with your gift giving...if money is tight this season, as it is for most of North America...ask your friends if they would like to pull names from a hat instead of buying something for each of them. Have a small get together with them all and exchange your gifts. Having friends around you is more important than the gifts anyway.



Music to my ears...

Maybe you're a mom with teenagers who listen to music too loud and lyrics so disturbing and foul mouthed that this is not exactly your cup of tea. Maybe you are the teenager of parents who listens to **Sad FM** all day and you wish they would kick it up a notch. Maybe you're a member of a band and you get your fix of music all day, everyday. Keep listening...

Maybe you are in the generation where in your younger years you used to have the stereo playing all day in your home...you used to go out dancing your arse off every weekend in clubs and you used to be in line at the music store every time U2 released a new album. And I mean *ALBUM*. Not *CD*. Maybe your first rock concert was the **WHO**...maybe you've seen **The Police** concert and not in a reunion...maybe you've seen **INXS** when Michael was the front man...but now, you're lucky to play the music you want to hear since your work or your children have taken over the DJ responsibilities.

Hmmm...sounds a lot like...**ME**!

Now that I'm slightly older than the average club going person it's very intimidating to go out dancing. Entering a club brings the inevitable label whispered from young clubber to the next...Disco. I heard you. And the answer is yes! Video Killed the Radio Star is by far my first request from the DJ and from then on...BRING IT! Let yourself loose sister and cruise through the 70's all night long.

These days getting to the club is a bit of a challenge so now my FAVOURITE place to listen to music is...ALONE in my car. When was the



last time you rocked out in your car? Seriously! Cranked up music...you singing at the top of your lungs...the car next to you wondering if you're slightly off your head. If you haven't done this lately you are instructed to do so now!

If you don't drive or can't get out of the house don't fret. Just turn on your music. Dance in your chair, tap your toes, wave your arms!

BUT if you do drive...the next time you are in your car rockin' out and the vehicle next door looks at you as if to say you're out of your mind...you can tell them from me...Frankie said RELAX!!!

If you have anything you would like to contribute – news, a story, a spa treatment or even a drink recipe – don't be shy!

Send us what you've got!

Please pass this edition of princesschronicles on to anyone you think would be interested.

If you know anyone who would like to be added to our distribution list please send a quick email to: **perks@princessheadquarters.com**

Visit us at:

W

Drincess

headquarters.com